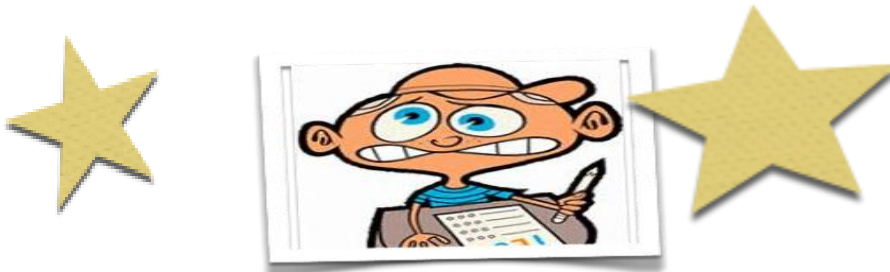


# CHAMPIONS

*A group for Parents and their 8 – 12 years old children*



*Do anxiety and worry control your child's life? Are you looking for a way to help your child?*

*Over a 7 week period learn along with your child ways to manage anxiety*

**Every Tuesday from 3:30-5pm**

**Next group begins January 9, 2017**

**Location:** Ministry of Children and Family Development (CYMH), 101-7364 Horne Street Mission, BC V2V 3Y7

**To register:** Please come to the CYMH Program Walk- In Intake on Tuesdays between 9 – 12 PM or 1- 3 PM, 201 7364 Horne Street, Mission, BC V2V 3Y7

**Group facilitated by Matthew Herman and Virginia Jacob, Child and Youth Mental Health Clinicians**

For inquiries please contact [matthew.herman@gov.bc.ca](mailto:matthew.herman@gov.bc.ca)