



Some Helping “Tips”

Below is a list of skills and experiences that you may want to help your child with at home. Your child will feel more confident at school if he/she can become familiar with the following:

- Recognize their first name in printed form (i.e. on a name tag)
- Print their first name (using upper and lower case letters, i.e. John not JOHN)
- Be familiar with the letters of the alphabet. It’s a great time to teach them the “ABC” song!
- Count to 10. (And it would be great if they could recognize the numerals 1 – 10)
- Be able to INDEPENDENTLY remove their jackets, etc. and change into a pair of inside shoes. (Velcro closures work well for children who are unable to tie shoes.)
- Be able to sit quietly and attend to a discussion or story for between 5 and 10 minutes at a time initially. (A quiet, established story time at home can be really helpful in developing attentiveness and interest.)
- Provide your child with opportunities to use pencils, crayons, felts and even scissors to help them develop their fine motor skills. Cutting favourite pictures from old magazines and gluing them onto a collage is a great practice activity.
- Most importantly, please read to your child as much as possible. This helps with so many areas of their development!