



MISSION COMMUNITY SERVICES

33179, 2nd Ave, Mission, BC, V2V 1J9
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FREE

Group Program

Balanced Parenting Group

For parents /caregivers of children in the middle years (6-12 years) who:

- Feel powerless, frustrated, or worried about their **child's behavior.**
- Want to address problems with their child without starting a **big argument.**



Learn to

- Get along better with your child
- Solve problems with your child
- Help your child become independent
- Increase your own confidence as a parent

Where:

- MCSS, 33179 2nd Ave, Mission, B.C.

When:

- Fridays from 10am – 12 noon
- October 11th - December 13th

**Childcare
Provided**

To pre-register for Balanced Parenting, please contact:

Rachel Rudy (BSW)

Family Support Worker

Telephone: 604 826-3634

Rachel.rudy@missioncommunityservices.com

Louise Tucker (BSW)

Family Support Worker

Telephone: 604 826-3634

Louise.tucker@missioncommunityservices.com

