



MISSION COMMUNITY SERVICES

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FREE
Group
Program

Connect Parent Group

Are you a parent or caregiver of an
11-16 year old?
Is everything a battle?



Come out and learn about CONNECT©
An Attachment-Based Perspective on Parenting

Where: Mission Community Services 33179 2nd Ave.

When:

- Tuesdays from 6:30pm-8:00pm (dinner at 6pm),
- September 24 – November 26, 2019
 - **Dinner Provided**
 - **Childcare Provided**

Goals:

-To understand your teen's development and behaviour from an attachment perspective

-To develop awareness of relationship issues and patterns

-To learn new skills that strengthen your relationship with your teen and consider new options in parenting

**Limited
Seating**

To pre-register for Connect Parenting, please contact

Mission Community Services, 604 826-3634

