

2024 Albert McMahon Track and Field Practice Schedule

***Please note, practices begin Monday, April 8th and will end Tuesday, May 7th.

Monday	Tuesday	Wednesday	Thursday	Friday
Before School	Before School	Before School	Before School	Before School
Lunch	Lunch	Lunch	Lunch	Lunch
Long Jump	High Jump Shotput		High Jump Shotput	Long Jump
*Running Club	*Running Club	*Running Club	*Running Club	*Running Club
After School	After School	After School	After School	After School
Discus		Track Events	Track Events	Discus

***Track Events include all running events (100m, 200m, 400m, 800m, 1600m)

***Please note, the lunch Running Club is an additional optional running option for students. If athletes are signed-up for the other events, they must attend their event practices.