

‘intheknow’

information + support

“Finding Hope (Depression)”

Join us for a Video Presentation

Understanding depression, its causes in children, and what parents can do about it is important to help kids manage mental health challenges. This presentation highlights the impacts of depression, where parents can go for help, and available treatments for kids.

Topic Presenters:

Dr. Ashley Miller, Psychiatrist

Thursday February 13th, 2020

6:30pm – 8:30pm

Mission Public Library
33247 2nd Ave
Mission BC

FREE OF CHARGE

Please RSVP by email: monica.thimer@familysmart.ca



‘intheknow’ provides expert speakers on topics important to families and/or to those working to support the mental health of children and youth.

Viewing is available:

Online at:
www.familysmart.ca/in-the-know

In person at community sites:
www.familysmart.ca/events/

The in person viewing also provides an opportunity for supported conversations.