

Mrs. Hardeeo Grewal, Principal | Tel 604-826-0274 | hardeep.grewal@mpsd.ca | <http://albertmcmahon.mpsd.ca>

January 2020 - Newsletter #5

Dear Parents/Guardians of Albert McMahon Students:

Happy New Year to all our McMahon families! Hope you had a relaxing and fun-filled holiday break and all students are ready to continue their learning at school.

Floor hockey teams for grades 5 and 6 students are participating in games on January 16th and January 23rd. Interested players need to contact Mr. Reist. Volleyball season is coming up quickly as well. Interested students need to listen to morning announcements for more information.

On Wednesday, January 15th, we will have our Aboriginal Cultural Day in the morning. Each class will attend two sessions on topics such as carving, button blankets, Metis mitts, hand drumming, directed drawing, storytelling, etc. It is a tremendous opportunity to learn about Aboriginal culture and history in a hands-on way.

As the weather is changing to winter conditions, it may be a good idea to have a change of clothes at school in case they get wet and/or muddy.

Please continue to read with your child(ren) at home for 20 minutes a day and engage in a discussion about their day at school. It may not be easy for some children to discuss, but it is worth the effort in the long run.

Sincerely,



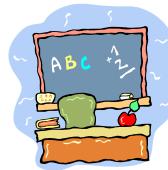
Hardeeo Grewal
Principal



Cyndie Anderson
Vice Principal

KINDERGARTEN REGISTRATION

Kindergarten registration for children born in the year 2015 will take place beginning **January 20th, 2020** from 8am - 3pm and be ongoing. Please bring your child's Birth Certificate and proof of address along when you register so copies of these documents



can be made. Every new registration must provide legal documentation before we can accept them into our school (ie. birth certificate, passport, baptismal certificate or certification of citizenship). Kindergarten students must register at their catchment area school. We require proof of address when registering (ie. driver's license or proof of purchase of residence or a notarized rental agreement). If you would like your child to attend a school other than their catchment area school, you must register at their catchment area school first and request a cross boundary form to fill out. This form will then be sent to the school you want your child to attend and that school will let you know if they have room to take your child. Decisions regarding cross boundary Kindergarten students may not be made until September 2020.

PINK SHIRT DAY

Pink Shirt Day is on **Wednesday, February 26th, 2020**. Over the month of February, and throughout the year, CKNW Children's Charities' Pink Shirt Day aims to raise awareness of bullying issues, as well as raise funds to support programs that foster children's healthy self-esteem. Please visit <https://www.pinkshirtday.ca/> for more information.

30th BIRTHDAY CELEBRATION!

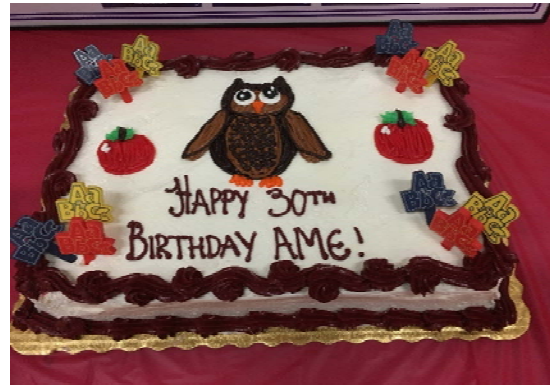
On December 3rd we celebrated Albert McMahon Elementary School's 30th birthday! It was a special community gathering. Thank you Cyndie Anderson for organizing the event and inviting Betty McMahon, her family and Brent Hayden. The McMahon family was present when the school opened and they were thrilled to celebrate the 30th birthday together as well. With Brent being a part of the first kindergarten class at McMahon, his inspirational stories had a deeper impact for our students that were present.

The evening also highlighted how dedicated our PAC and parent volunteers are and the impact of their contributions to our school. With the book fair running and free popcorn being handed out, two students from a different school commented on how fun our school was! But the list of contributions is much longer so our appreciation for our parents' time, energy and thoughtfulness extends throughout the year.

Many EA's also helped with decorations, setting up the treats in the gym and helping at the end of the night. Also, our custodians maneuvered between families and staff to clean while every area was bustling with adults and children.

The events couldn't have happened without everyone's support. The spirit of stepping up and taking a piece is what fuels the whole to come together beautifully for our school community.

Thank you as well, to all parents that came to meet their child's teacher and discuss his/her learning journey. This is our daily work and working together will provide the best results. Thank you to our teachers and EA's for supporting those conversations and preparing plans for their student(s).



Brent Hayden

REPORT CARD ENVELOPE RETURN

Thank you to those families that have already returned their child's report card envelope. If you still have your child's at home, please return it to the school at your earliest convenience. We re-use the envelopes every term. Thanks!

LITTLE LEARNERS

Little Learners is an opportunity to connect with families with children 0-5. We play to learn, sing songs and listen to stories. Please come to the Albert McMahon library at 8:45-9:45 am on Friday, January 24th to share in the fun!

RED CROSS BABYSITTER'S COURSE



This course is designed for students 10-15 years of age. It teaches the basics of babysitting, rights and responsibilities, holding, diapering, feeding, bedtime, toys and activities, accident prevention and handling emergencies. The babysitting course will be held at Albert McMahon on the following dates and times: February 5th, 12th, 19th, and 26th from 2:30 p.m. to 4:30 p.m. The cost will be \$65.00 per participant. If you would like to register your child for this course, please pick up a registration form from the office. It is attached to this newsletter as well for your convenience. Registration deadline is January 22nd. If you require further information, please contact Penny Petersen at (604) 308-2617

ANNUAL BURN AWARENESS WEEK



is observed the first full week in February beginning on Sunday, February 2nd. The BC Professional Fire Fighters' Burn Fund's Annual Burn Awareness Week program is designed to teach kids to be responsible for their own safety and help make families aware of potentially harmful situations.

The Burn Fund offers the program in five age-appropriate levels. The web-based program includes fire safety tip information, activity sheets, coloring pages and animated videos. The program is available year round at www.burnfund.org.

PAC MEETING

Our next PAC meeting will be January 16th at 7:00 pm. Hope to see you there!

VAPING RISK POSTER CONTEST

We are proud to announce that Albert McMahon Elementary had four winners from the elementary school portion of the anti-vaping art contest put on by Fraser Health and Mission Public School District. The winners are:

1st place - Ella Dunn and Gracelyn Cochrane

2nd place - Aiden Rosche and Priya Kumar



EAGER EAGLES

Jennifer Sherif, our Aboriginal Liaison Worker, is pleased to offer a fun, interactive after-school literacy program called "Eager Eagles", on Wednesdays from 2:30 to 3:30 pm in the Albert McMahon library. This program will begin on February 3rd and will run through until June 8th, 2020. It will be open to all Albert McMahon Elementary students from grades 3 - 6. **A letter with all the details and the sign-up sheet will be going home shortly** and participation will be on a first-come-first-served basis with a limit of 30 participants. To ensure that your child(ren) gets the most out of the program as possible, Eager Eagles will not run on a drop-in basis. Students will be expected to commit to attending each week.

2020

January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		HAPPY NEW YEAR!!!!				
			1	2	3	4
WINTER VACATION						
	6 School Re-Opens	7	8 Hot Lunch Subway	9	10 Little Learner's Club 8:45-9:45 Library	11
	13	14	15 Indiginous Cultural Day Hot Lunch Eleni's Pasta & Chicken	16 PAC meeting 7:00 pm	17	18
	20	21	22 Hot Lunch Hot Dogs	23	24 Little Learner's Club 8:45-9:45 Library	25
	27	28	29 Hot Lunch Sushi	30	31	

Kindergarten
Registration Week
Begins Monday,
January 20th. Visit our
website to review the
registration
requirements

<https://albertmcmahon.mpsd.ca/Parents/Registration%20Information/Pages/default.aspx#/=>

PETERSEN'S FIRST AID TRAINING
3709 Nootka Street
Abbotsford, B.C. V2T 5A4
Cell: (604) 308 2617

RED CROSS BABYSITTERS COURSE

School: Albert McMahon Elementary

Course Focus: Child care skills with special emphasis on child safety. A Canadian Red Cross certificate will be issued upon completion of the course.

This course is designed for students 10-15 years of age. It teaches the basics of babysitting, rights and responsibilities, getting along with participants, holding, diapering, feeding, bedtime, toys and activities, accident prevention and handling emergencies.

The Babysitting Course will be held at your school on the following dates:

▪ Wednesday	February 5	Time 2:30 - 4:30	Cost \$65.00 / participant
▪ Wednesday	February 12		
▪ Wednesday	February 19		
▪ Wednesday	February 26		

To register for this class, please complete the lower portion of this form and return it completed with payment (cash or cheque made out to: Petersen's First Aid Training) to the school office by: **Wednesday January 22, 2020**

All participants must pre-register for this class by signing up at the office. Minimum age for participation is 10 years. Maximum number of participants is 24. * **Minimum number is 16.** Registration is accepted on a first-come, first-served basis.

**For safety reason we prefer your child not leave the school unattended.
Please ensure your child is picked up from the school at the end of class.**

If further information is required, please phone Coleen Melsted @ 604 308 2617. Your call will be returned as soon as possible.

BABYSITTERS' COURSE REGISTRATION FORM
Registration deadline: **Wednesday January 22, 2020**

School: Albert McMahon Elementary

Student's Name: _____ Division: _____

Phone: _____ Age: _____

Enclosed is \$65.00 cash cheque (made payable to Petersen's First Aid Training)

Name of Parent/Guardian: _____ Signature: _____

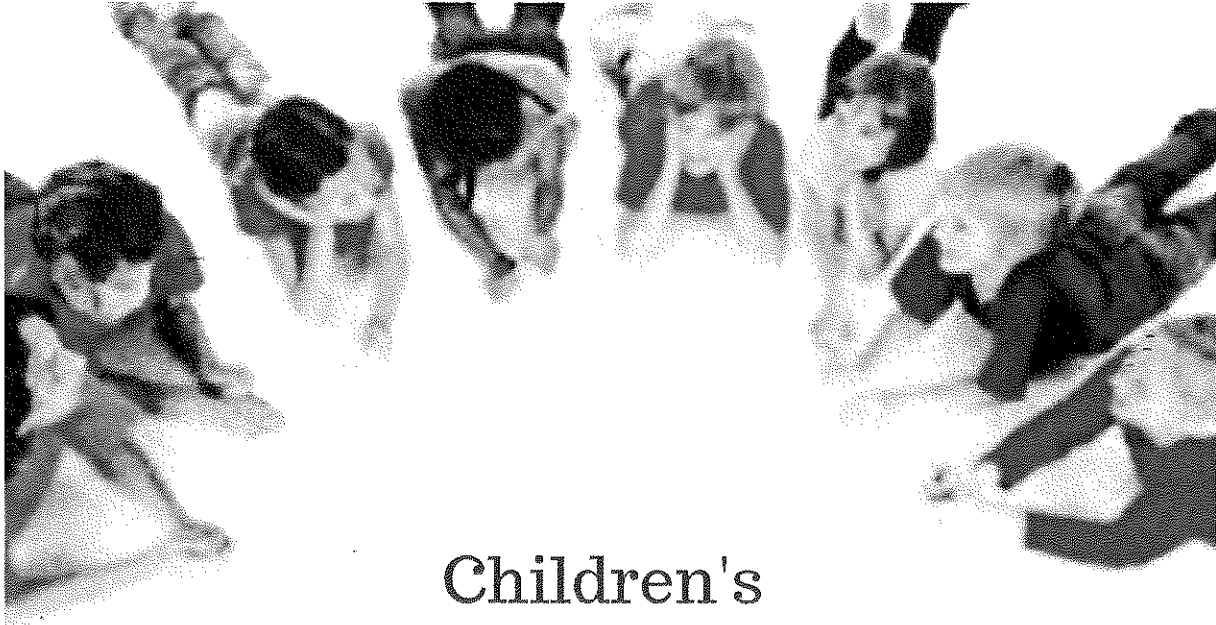
*** Please note: All cheques will be deposited during the first week of this course. ***



Mission Hospice Society
where life matters most

APPROVED

CIRCLE OF FRIENDS



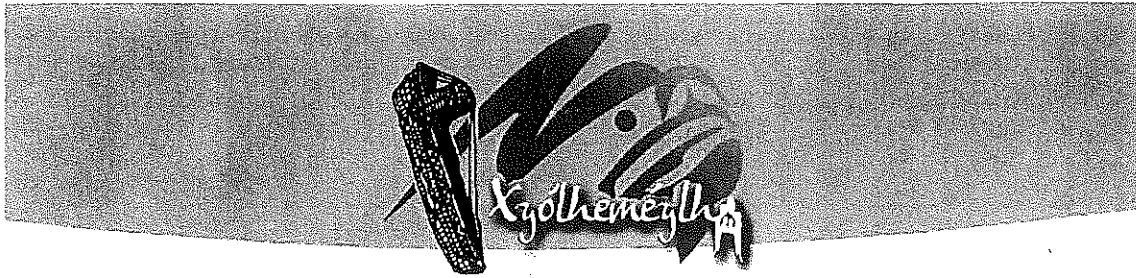
Children's Grief and Loss Support Group

Mission Hospice Society is pleased to offer a six week grief and loss support group for **children ages 6-12** who have experienced the loss of a family member or friend through death. This program offers a safe, caring environment for children to gather in discussion and expressive play and art activities.

Our next group begins on **February 6th, 2020**
at Mission Hospice Society, 32180 Hillcrest Ave.
and runs **every Thursday from 3:30pm-5pm**
(Feb. 6th - March 12th)

To refer a child to this group or for more information
please call: Ian Kunitski 604-826-2235
or email childandyouth@missionhospice.bc.ca

APPROVED



FVACFSS - Xyólheméyhlh Needs Foster Parents



We are in need of safe and healthy homes for children. If you are interested and would like more information, please give a Recruitment Resource Worker a Call at one of the following offices:

Abbotsford
1-855-855-3324

Agassiz
1-888-593-5053

Chilliwack
1-800-663-9393

Langley
1-855-533-8826

Mission
1-888-820-2595

Létsé mó't té sqwálewel

"With a good mind, a good heart, and good feelings"

EMPOWER



Parenting on Wheels 2019-2020

We are bringing the information and resources to Mission Elementary Schools

2 Nights

Over the two evenings, we will explore ways to support children's self-regulation and social and emotional development through positive, responsive and attentive relationships.

EMPOWER SESSIONS: (5:00pm – 7:00pm)

- West Heights Community: November 21 and 28 32065 Van Velzen Ave.
- Hillside Traditional: January 21 and 28 33621 Best Ave.
- Mission Central: February 4 and 11 7466 Welton St.



*Light
Dinner Provided*

*Free
Child Minding*



Register via email at: diana.mccall@mpsd.ca

We acknowledge these sessions are being held on the Traditional, Ancestral, Unceded, and Shared territories of the Stó:lō people, the Matheqwi, Sq'ewlets, Qwó:lt'el, and Leq'á:mel First Nations.

Funded by The Ministry of Education



‘intheknow’

information + support

“Erupting Angst: Understanding the Collision between Anger & Aggression in the World of Anxiety”

Join us for a Video Presentation

Anxiety in children can often show itself as anger, aggression, or sadness. By learning how these emotions are connected, we can better respond to the needs of our children. This presentation will elaborate on this relationship between anger, aggression and anxiety, and highlight what parents can do about it.

Topic Presenters:

Dr. Vanessa Lapointe, Registered Psychologist

Thursday January 23rd, 2019

6:30pm – 8:30pm

Mission Public Library

33247 2nd Ave

Mission BC

FREE OF CHARGE

Please RSVP by email: monica.thimer@familysmart.ca



what is the
‘intheknow’?

‘intheknow’ provides expert speakers on topics important to families and/or to those working to support the mental health of children and youth.

Viewing is available:

Online at:

www.familysmart.ca/in-the-know

In person at community sites:

www.familysmart.ca/events/

The in person viewing also provides an opportunity for supported conversations.

Are your Child's Immunizations Up to Date for Kindergarten?

Vaccines are a healthy choice for your child. They provide immunity and prevent disease.

Two vaccines are free for Kindergarten age children starting at age 4:

- Tdap-IPV: protects against tetanus diphtheria, pertussis (whooping cough) and polio
- MMRV: protects against measles, mumps, rubella and varicella (chickenpox)

If public health does not have up to date information about your child's immunizations, you will get a letter from your local public health unit.

If you get a letter from public health, please provide a copy of your child's immunization record as soon as possible. You can:

- Take the record to your local public health unit
- Email the record to reportimmunizations@fraserhealth.ca, you can do this by emailing a photo or typing your child's record; be sure the record includes your child's full name, date of birth, sex, and personal health number (if available)
- Fax or mail the record to your local public health unit

If your child needs additional immunizations, please call your family doctor, local pharmacist (for those 5 years of age and older), or public health to book an appointment.

Visit www.fraserhealth.ca/getimmunized for a list of community vaccine providers.

To book an immunization appointment with public health call:

- 604-702-4906 (residents of Mission, Abbotsford, Chilliwack, Agassiz and Hope)
- 604-476-7087 (residents in all other areas of Fraser Health)

For more information: www.fraserhealth.ca/immunizations

Albert McMahan Theme Song

(Adapted from Always Friends, by Roger Emerson)

At Albert McMahan, we're helping one another
At Albert McMahan, we're bringing out the sun
At Albert McMahan, we're lookin' to one another
Friends until the day is done

Always friends, helping one another
Always friends, bringing out the sun
Always friends, lookin' to the other
Friends until the day is done

*When the skies are stormy
And you're feeling blue
Look in our direction
We'll be there for you*

At Albert McMahan, we're helping one another
At Albert McMahan, we're bringing out the sun
At Albert McMahan, we're lookin' to one another
Friends until the day is done

Always friends, helping one another
Always friends, bringing out the sun
Always friends, lookin' to the other
Friends until the day is done

*When you need some laughter
And the smiles are few
Look in our direction
We'll be there for you
For you, for you!*

At Albert McMahan, we're helping one another
At Albert McMahan, we're bringing out the sun
At Albert McMahan, we're lookin' to one another
Friends until the day is done