

## October 1<sup>st</sup> - Newsletter #1

Dear Parents/Caregivers of Albert McMahon Students:

Welcome back to all returning families and a special welcome to those who are new to Albert McMahon Elementary. Albert McMahon is a busy and vibrant learning environment, offering a well-rounded educational program to all our students. We have approximately 409 students enrolled in our school from Kindergarten to grade 6.

This year we are also implementing a **West Coast Recess** which means that students will be spending time outdoors at recess and lunch, even in the rain! We ask that students are wearing appropriate clothing, such as a rain jacket with a hood, boots, rain pants and to bring a change of clothing to school, just in case. The goal is for students to get some fresh air and have outdoor play time with peers. We are basically guaranteed rainy days from October to April, and we don't want our students to avoid the outdoors due to rain. On days with hard, driving rain, high winds, cold temperatures and/or icy conditions, we would have the students stay indoors. Student health and safety is still paramount.

If you have any questions, please don't hesitate to contact us.



Hardeep Grewal  
Principal



Cyndie Anderson  
Vice Principal

### SCHOOL CASH

Just a reminder that Mission School District is opting to be a "cash free" school district. If you haven't signed up to School Cash yet, attached please find instructions on how to do so. Please note, you don't need to have a credit card to sign up, you can use eCheck or myWallet as options as well. Ms. Mulholland in the office can assist you in setting your child(ren) up should you require assistance. To access School Cash Online, the link is: <https://mpsd.schoolcashionline.com>

### PARKING LOT

Our school parking lot can be very busy at the beginning and end of each school day. For the safety of all, we ask all drivers to follow these guidelines:

- Drive slowly - 15 kph or slower
- Avoid using the bus lane
- Use handicapped parking spaces only if you have a handicap parking tag
- **Do not leave your vehicle unless it is in a designated parking spot**
- Drop off children at the flag pole crosswalk
- Be courteous: you are setting an example for elementary school students.

### MARK YOUR CALENDARS

- Oct. 4<sup>th</sup> - Student picture day!
- Oct. 5<sup>th</sup> - Curriculum Implementation Day - **NO SCHOOL**
- Oct. 8<sup>th</sup> - Thanksgiving - **NO SCHOOL**
- Oct. 16<sup>th</sup> - PAC meeting - 7:00 pm
- Oct. 19<sup>th</sup> - ProD Day - **NO SCHOOL**
- Nov. 6<sup>th</sup> - Picture re-take day

## **INCLEMENT WEATHER**

In case of problematic weather arriving and causing school closure decisions, district-wide or partial, please check the district website at: <http://www.mpsd.ca/> which is updated daily with any unscheduled school closures, or listen to the radio for unscheduled school closures.

- o STAR FM - 98.3 on the FM band. For detailed information on school and community closures log on to [www.starfm.com](http://www.starfm.com)
- o CKNW 98 on the AM band
- o CKWX 1130 on the AM band
- o Country 107.1 of the FM band

## **WEST COAST RECESS**

Living in this area offers many diverse weather conditions including the rainy days in fall, winter and spring. It makes sense therefore, we are well prepared to be **outside in the rain**. It is important for children to get outside throughout the day for fresh air and exercise. Research has proven the impact that physical activity has on learning. For this reason, many local schools and districts are adopting a **West Coast Recess**.

### **Being prepared for the weather**

We know that if kids are well prepared to be outside in the rain, they actually enjoy it. As long as they stay dry and warm there is a great deal of fun to be had in all kinds of weather. To be prepared to be outside in the rain it is important for your child to have appropriate clothing such as:

- A rain jacket
- Rubber boots so they can enjoy the puddles
- Rain pants
- An umbrella
- A rain hat or coat with a hood
- A change of clothes just in case.  
(sweatpants, sock, underwear, t-shirt)

## **COMMONLY ASKED QUESTIONS:**

### **I am worried that my child will get sick being out in the rain.**

It is not cold that makes us sick but rather viruses. People get sick more often in the winter because they are exposed to each other more in the winter than in the summer. When it is cold outside, people tend to stay inside and are more likely to spread germs to one another. Getting outdoors is more likely to protect our kids from illnesses than keeping them indoors. (Does Cold Weather Cause the Cold or Flu?).

### **My child has been sick but is now returning to school. Can he stay inside today?**

We are quite reluctant to allow this for a couple of reasons. First, if your child is still not quite better, it would be better to keep them at home until they are 100% ready to function fully at school. If he is too sick to go outside he is also probably too sick to get through the day's work successfully - give him another day of rest. Secondly, your child needs to be supervised and there is very limited supervision inside during recess and lunch. We do make exceptions to this based on special circumstances, so if you want to chat about your child's specific health conditions please phone me and we can talk about your concerns.

### **Are the children ever allowed to stay inside due to the weather?**

We occasionally have weather conditions where it is unreasonable to expect students to play outside. These days include hard, driving rain with extreme cold or wind and icy conditions. In these situations, we intend to declare it an inside day however we don't expect to have more than 2 or 3 of them a year. Again, it is weather dependent, and the last couple of winters have been stormy.



## **PAC NEWS**

Popcorn cards are here and available online! <https://mcmahon.hotlunches.net> Get your Popcorn Punch Cards now so you can be ready for when we start popping this Thursday, October 4<sup>th</sup>! (Popcorn days will still be Fridays, but due to the pro-d day on October 5<sup>th</sup>, we will pop on Thursday). Cards are good for 10 or 20 bags of popcorn. .75c/bag without a card. Don't forget to use up your popcorn cards from last year if you have one! The hot lunch order form is available online as well and orders are due by Wednesday, October 3<sup>rd</sup>.

### **Note to Parents:**

The kindergarten teachers will keep your child's card in a safe place in the classroom. For most other classrooms, the student is responsible for safekeeping their own card.

For the primary divisions we will be taking popcorn orders in the morning and will deliver to the classroom at morning recess. Intermediate divisions will line up at the kitchen at morning recess.

## **SCHOOL SPIRIT CLOTHING**

Albert McMahon's annual school spirit clothing is now available! Login at [www.mcmahon.hotlunches.net](http://www.mcmahon.hotlunches.net) to view all the options.

\*Orders and Payment are due by **October 10<sup>th</sup>**.

\*Late orders cannot be accepted.

\* No cash please.

We strongly recommend that you try on our clothing samples to ensure a correct fit. Clothing is on display in the school foyer. We sent home a paper copy of the order form because it has some pictures to help with your selection, but we ask that you enter and pay for your order online. Payment by cheque will be accepted with printed remittance form.

## **FIRE PREVENTION WEEK**

Each year North America wide, Fire Services proclaims the second week of October to be to be

"Fire Prevention Week." Fire Prevention Week this year is October 7<sup>th</sup> to October 13<sup>th</sup>, 2018. The link below has information on fire safety, including a fire prevention week quiz and each teacher has further information that they can share with their students. <http://www.mission.ca/municipal-hall/departments/fire-rescue/fire-safety-prevention/fire-prevention-week/>

## **TERRY FOX RUN**

On September 27<sup>th</sup> Albert McMahon students took part in the annual Terry Fox Run. We are proud to share with everyone that our school raised **\$500.00** for the Terry Fox Foundation! It is heartwarming to see that such a generous, giving spirit exists in our school.

## **FRASER VALLEY REGIONAL LIBRARY**

**LEGO CLUB** – Tuesdays, September 4<sup>th</sup> to December 18<sup>th</sup> from 3:00 to 4:15 pm. We provide the LEGO, you bring your imagination! Come play, create and experiment.

**BETWEEN THE PAGES** – Wednesday's, September 12<sup>th</sup>, Oct. 10<sup>th</sup>, Nov. 14<sup>th</sup> and Dec. 12<sup>th</sup> from 3:30 to 4:30 pm. Join a book club to discover new books, enjoy fun activities and make new friends! Registration is required. Ages 9 to 12.

**CREATIVE UKULELE CIRCLE** – Tuesday's, October 2<sup>nd</sup> to October 23<sup>rd</sup> from 7:00 to 8:00 pm. Join ukulele expert Don Olds as we make music together! We'll be learning new songs every week! Beginners welcome. Bring your own ukulele or have one provided. Registration required.

**HAPPY HALLOWEEN PUPPET SHOW!** Tuesday, October 30<sup>th</sup> from 6:45 pm to 7:30 pm. Come celebrate Halloween with a not-too-spooky story time and a fun puppet show! Costumes welcome!

### MISSION LITERACY IN MOTION

Mission Reading Buddies Program - do you have a child that is in grades 1 to 4 that is a struggling reader? Reading Buddies is a volunteer program that matches high school and adult volunteers (Big Buddies) with struggling child readers (Little Buddies). To learn more about this program, please contact Suzanne McKay at [mlim.suzanne@gmail.com](mailto:mlim.suzanne@gmail.com)

### HOMELESS AWARENESS WEEK - SOCK DRIVE

According to the 2017 Fraser Valley Homeless Count, homelessness in the region increased by 75% in less than 3 years. The main reason cited for this drastic increase was related to income and housing affordability. Homelessness Awareness Week takes place October 9<sup>th</sup> to October 13<sup>th</sup> and is an opportunity to increase awareness on issues surrounding homelessness in our community. During Homelessness Awareness Week, SARA for Women Society will be collecting cozy, new socks that will be distributed throughout the cold, winter months to local citizens in needs. Please see attached flyer for locations and times to drop off the socks. Thank you for your support!

### LICE CHECKS

We are asking for your help. Lice is a nuisance that appears in school anytime throughout the year. Parents are encouraged to check their children's hair frequently. Please notify the school if you discover head lice or nits on your child so that we can send a general anonymous letter home to inform families to check their child's hair. Thank you for your cooperation.

### FRASER HEALTH UNIT

Fraser Health has a wonderful sight you can access on the internet. It's a valuable resource for all school aged health questions at your fingertips. The website is:  
[http://www.fraserhealth.ca/your\\_health/school\\_health/](http://www.fraserhealth.ca/your_health/school_health/)



This artwork was created by local artist Peter Gong. Depicted here is a buffalo on the prairie, surrounded by a medicine wheel. The medicine has Coast Salish and form line design representing our west coast cultures.

The Buffalo teaches us **RESPECT**. Respect is the condition of being honoured and encourages living harmoniously with a sense of balance.

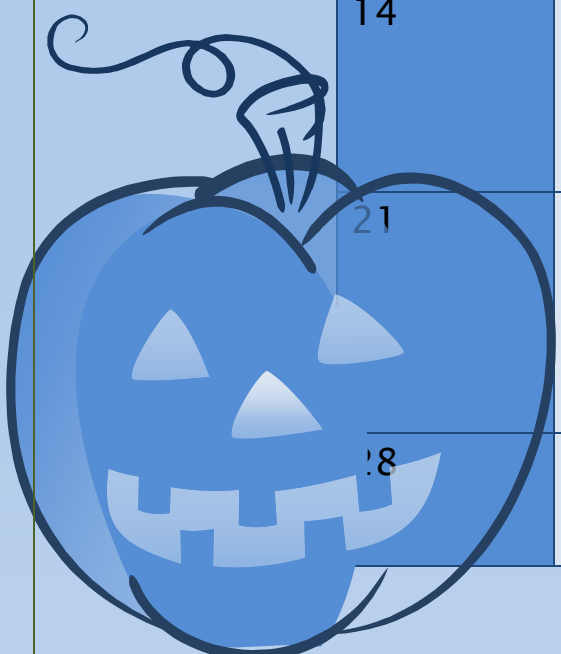
The Buffalo, through giving its life and sharing every part of its being, showed the deep respect it had for the people. Since time immemorial, Indigenous peoples have sustained their lives through the Buffalo in terms of food, clothing, shelter, utensils and tools. They believe themselves to be true caretakers of the great herds and have developed a sustainable relationship with the Buffalo resulting in a relationship that was a true expression of reciprocal respect.

*"Do not waste. Use all things wisely. Never take more than you need and always give away that which you do not use. And treat others as you would have them treat you, respectfully. Learn respect and learn balance. What goes up will come down. What you do for others will be done for you. What you give away will always come back to you in the One Circle."* - David Bouchard, Seven Sacred Teachings



# October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Kindergarten vision/hearing screening	3	4 <b>STUDENT PHOTO DAY</b>	5 Curriculum Implementation Day <b>NO SCHOOL</b>	6
7	8 Thanksgiving Holiday <b>NO SCHOOL</b>	9 Grade 6 immunizations	10 Hot Lunch Subway	11	12	13
14	15 Kindergarten dental screening	16 PAC Meeting 7:00 pm	17 Hot Lunch Jugo Juice Div. 5, 6 & 7 to Weaver Creek	18 Shake Out BC	19 Pro D Day <b>NO SCHOOL</b>	20
21	22	23 Books for Bedtime, Ready, Set, Learn 5:00 to 6:00 pm	24 Hot Lunch Soup & bun	25 Div. 15 & 16 to Laity Pumpkin Patch	26 Div. 12, 13 & 14 to Willowview Farms	27
28	29	30	31 Hot Lunch Hot Dogs			



Fast. Safe. Convenient.

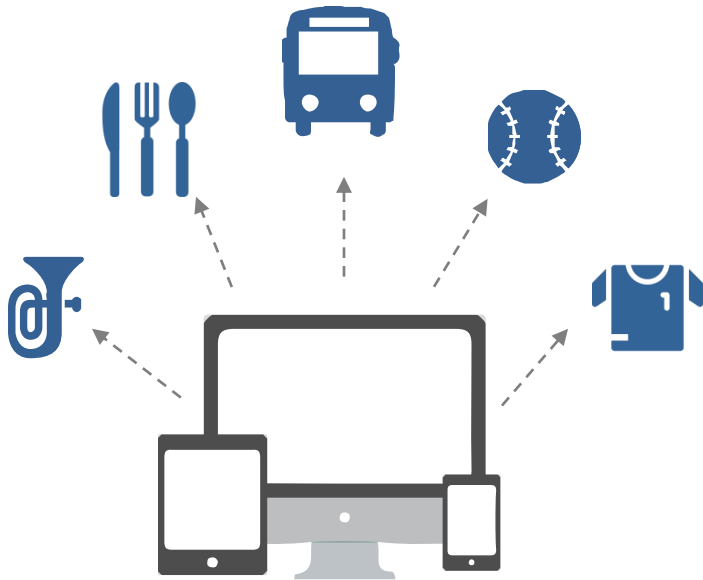
# Welcome to *School Cash Online*

School Cash Online is an online parent portal that offers a safe, fast and convenient way to pay for school activity fees. The portal is customized to meet your school's needs and allows you as a parent, to add your students, make payments, check current balance/account history, print or view receipts, and receive notifications about upcoming events.

## Why Use School Cash Online?

With School Cash Online, you can pay all your student's school fees with the click of a button. Wherever. Whenever. Trips to the school to drop-off cash or sending your student with money will be a thing of the past. School Cash Online also enables you to keep track of your student's school items and activities.

Purchase these items and more online.



### Credit Card

Pay with Visa or MasterCard on School Cash Online by entering your credit card number, CVV number (the three digits on the back of your card), card expiry date, and billing information.



### eCheck

An electronic version of a paper check used to make payments online. Anyone with a checking or savings account can pay by eCheck through School Cash Online.



### myWallet

An online wallet that can be loaded to hold funds and pay for your child's fees on School Cash Online. myWallet also allows you to allocate funds to pay for school fees at a later date, as you would with a gift card.

## How to Register

Follow these instructions to create your School Cash Online account today.

- 1 **Create Your Profile:**  
Go to <https://mpsd.schoolcashonline.com> and click on "Get Started Today".
- 2 **Confirm Your Email:**  
Check your inbox for the email confirmation and click on the link inside. Sign in with your new login details.
- 3 **Add a Student**  
Click "Add Student" and fill in the required fields with your child's details.

Stay connected by selecting "Yes" to email notifications about upcoming fees.

- I want to receive email notifications for new fees assigned to my student and updates on school-related activities.



For more information contact Parent Helpdesk at  
[parenthelp@schoolcashonline.com](mailto:parenthelp@schoolcashonline.com) or 1.866.961.1803

# SchoolCashOnline

For safety and efficiency reasons Mission Public School District would like to reduce the amount of cash & checks coming into our school. Please join the thousands of parents who have already registered and are enjoying the convenience of paying ONLINE! It takes less than 5 minutes to register. Please follow these step-by-step instructions, so you will begin to receive email notifications regarding upcoming events involving your child(ren).

**NOTE: If you require assistance, select the *SUPPORT* option in the top right hand corner of the screen.**

## Step 1: Register

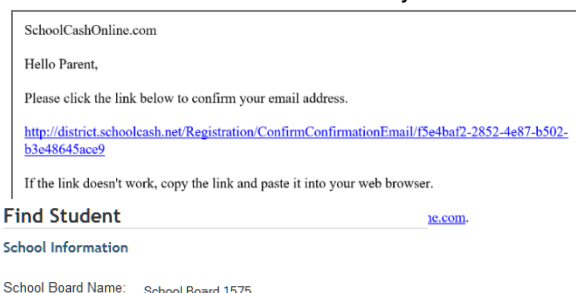
a) If you have not registered, please go to the *School Cash Online* home page <https://mpsd.schoolcashionline.com/> and select the **“Get Started Today”** option.

b) Complete each of the three Registration Steps  
 \*For Security Reasons your password, requires **8 characters**, **one uppercase** letter, **one lowercase** letter and a **number**.



## Step 2: Confirmation Email

A registration confirmation email will be forwarded to you. Click on the link provided inside the email to confirm your email and *School Cash Online* account. The confirmation link will open the *School Cash Online* site prompting you to sign into your account. Use your email address and password just created with your account.



## Step 3: Find Student

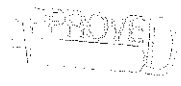
This step will connect your children to your account.

- Enter the School Board Name.
- Enter the School Name.
- Enter Your Child’s Student Number, Last Name and Birth Date.
- Select **Continue**.
- On the next page confirm that you are related to the child, check in the Agree box and select **Continue**.
- Your child has been added to your account.

## Step 4: View Items or Add Another Student

If you have more children, select **“Add Another Student”** and repeat the steps for each parent account. If you do not wish to add additional children, select **“View Items For Students”** option. A listing of available items for purchase will be displayed.





# BULLY BACK OFF

**OCTOBER 3<sup>RD</sup>, 2018**  
**CLARKE THEATRE**  
**MISSION, BC**  
**TIME: 7:00PM - 8:30PM**  
**ADMISSION: \$10 IN ADVANCE**  
**\$15 AT DOOR (CASH ONLY)**

"BULLY BACK OFF: HOW DID WE GET SO WRONG?"

**PROUDLY PRESENTED BY:**  
**HERITAGE PARK CHILDCARE CENTRE**  
**SPEAKER: STEVE ANDREWS**  
Winner of: The Solicitor General's Award for Community Safety, The Society for Children and Youth Award for Child and Youth Friendly Communities, and A Youth Action Award from The BC Attorney General's Office, along with several other corporate and/or society awards.



Constantly bullied as a child and teen, and never telling anyone (not even his parents), Steve takes you through the constant battle that was his life. As an adult, his childhood bullying affected his relationships and his work. It informs his work today. Let him tell you how. You will be amazed how anger and fear can drive the bullied! This workshop is designed to allow participants to learn the skills necessary to support their children to prevent, and when necessary, end any bullying they encounter.

[www.bully-backoff.zoomshare.com](http://www.bully-backoff.zoomshare.com)

(604)-826-3080

[director@heritageparkchildcarecentre.com](mailto:director@heritageparkchildcarecentre.com)

[www.heritageparkchildcarecentre.com](http://www.heritageparkchildcarecentre.com)

**TICKETS NOW AVAILABLE ON EVENTBRITE.COM**



MISSION HOSPICE SOCIETY PRESENTS

# CIRCLE OF FRIENDS

CHILDREN'S GRIEF AND LOSS  
SUPPORT GROUP

AGES 6-12, NEXT GROUP BEGINS OCTOBER 3RD

For more details, visit [www.missionhospice.bc.ca](http://www.missionhospice.bc.ca)  
Call 604-826-2235 or email [rmurdoch@missionhospice.bc.ca](mailto:rmurdoch@missionhospice.bc.ca)

# Future 4 Nations Aboriginal Headstart

Serving First Nations, Metis and Inuit Families since 1997

34110 Lougheed Hwy, Mission BC

Program Coordinator: Zelda Williams

Email: Zelda@f4n.ca



## Class Information

### Kindergarten Bound

Monday-Thursday 9:00am-12:10pm

This preschool class is only for children who will be starting kindergarten in September 2019 and who have either moved up from Play School or have joined us for preschool at this age. Register

**Register Today for our FREE  
Aboriginal Preschool Program Spaces  
Are Limited!**

### Play School

Monday- Wednesday 1:10pm-3:30pm

This preschool class is for children who are starting preschool at the age of 2.5 or older and will not be going to kindergarten the following school year.

**Please Call 604-820-4567 or call &  
Text 604-768-4992 and we can get  
back to you!**

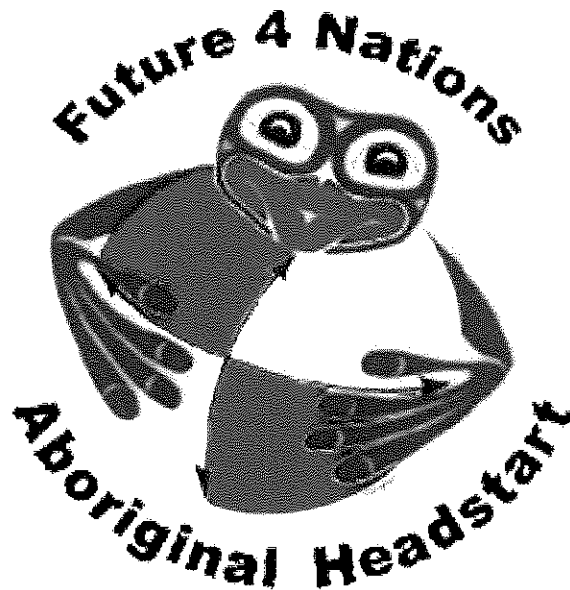
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Text 604-768-4992 and we can get  
back to you!

# SARA for Women

Sock Drive for Homelessness Awareness Week  
October 7 – October 13



Please help us help others by donating new socks that will be distributed to local citizens in need during our cold, wet winter.

New socks can be donated at:

Fronya Thrift Boutique  
33173 – 1<sup>st</sup> Ave, Mission  
(Mon-Fri, 10-5; Sat, 10-4)

SARA for Women Head Office  
333070 – 5<sup>th</sup> Ave, Mission  
(Mon-Fri, 9-5)

Mission Fire Rescue Service

# FIRE LIFE SAFETY FAIR

October 14, 2018 , 1-4pm

Fire Station No. 1, 33330 7th Avenue



Canadian Red Cross

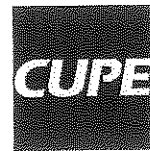


fraserhealth



## LOOK. LISTEN. LEARN.

*Games & Activities for Children:*  
Junior Firefighter Challenge, Fire Safety Bingo,  
Fire Chief for a Day Contest, Face Painting,  
Fire Hose Challenge, Save-on-Foods Snack Bar,  
Demos, Equipment Displays



As Seen On:

#HWYTHRUHELL

MEET KEN DUPERON AND THE CREW FROM MISSION TOWING

HIGHWAY THRU HELL 10 ET 7 PT TUESDAYS



Discovery



BRAND BUILDING EVENT ENTERTAINMENT

# Immunized!

**Protect your child  
from serious diseases.**

Book your appointment  
today with your doctor,  
pharmacist (ages 5+)  
or public health nurse.



**fraserhealth**

Better health. Best in health care.



[fraserhealth.ca/  
immunizations](http://fraserhealth.ca/immunizations)

APPROVED